



Dear Parent:

Children who have pleasant dental appointments when they are very young are likely to have a favorable outlook toward dental care throughout life. The first appointment is very important in this attitude formation. That is the reason I am writing to you.

At our first appointment we will examine your child's teeth and gums and take any necessary x-ray films. For most children this will be an interesting and even happy occasion. All the people on our staff enjoy children and know how to work with them, but you, parents, play an important role in getting children started with a good attitude toward dental care. One of the useful things that you can do is to be completely natural and easygoing when you tell your child about the appointment with the dentist. This approach enables children to view their dental visit as an opportunity to meet some new people who want to help them stay healthy.

Your cooperation is appreciated. Remember, good general health depends partly on the development of good habits, such as sensible eating, sleeping routines, and exercise. Dental health also depends on good habits, such as proper toothbrushing, regular dental visits, and a good diet. We will have a chance to further discuss these points during your child's appointment.

Sincerely,

Ajay P. Joshi DDS, MSD

Specialist in Children's Dentistry